



Journey of a Lifetime

CHARITY NO:1088591 COMPANY NUMBER:4236414

PRESIDENT: Her Majesty Queen Noor of Jordan

PATRON: Sir Ranulph Fiennes

VICE PRESIDENTS: David Suchet, Joan Bakewell, Dame Naomi James, Bear Grylls,
Lord Bhatia, David Lee Stone, David Hill, Barnaby Mauleverer

The Trustees of the JoLt Trust are looking for disabled and disadvantaged youngsters who could benefit from participating in a month long, challenging "Journey of a Lifetime".

Previous "Journeys of a Lifetime"

- July/August 1984 - Across Siberia, Mongolia and China to Hong Kong.
- July/August 1986 - Across the Australian Outback from Adelaide to Darwin.
- July/August 1988 - From Colombia through Ecuador, Peru, Bolivia and Paraguay to Brazil.
- July/August 1990 - Two groups
 - (i) Across Canada from Halifax to Vancouver.
 - (ii) Zimbabwe and Botswana.
- July/August 1992 - Along the Silk Road from Beijing in China to Islamabad in Pakistan.
- July/August 1994 - Route of the Gold Rush from Los Angeles to Alaska.
- July/August 1996 - Central and South America.
- July/August 1998 - Lebanon, Syria, Jordan Israel and Egypt.
- July/August 2000 - The length of Chile.
- July/August 2002 - Vietnam, Cambodia, Laos and Thailand.
- July/August 2004 - The length of New Zealand
- July/August 2006 - Himalaya Adventure – North India, Nepal Tibet and Bhutan

The 2008 "Journey of a Lifetime" will go through South Africa and Namibia

The group will consist of:

- (i) Twenty four physically, medically, emotionally or socially disadvantaged youngsters from Britain
- (ii) Seven experienced leaders including a doctor.

Conditions for Qualification

The youngsters who go on JoLt 2008

- i) are aged between 14 and 21 years
- and ii) want to travel to distant lands
- and iii) are unlikely to have the opportunity to travel extensively
- and iv) are physically, medically, emotionally or socially disadvantaged
- and v) have not been involved in drink, drug or solvent abuse
- and vi) have not been involved with the law or the police prior to the journey for any offence which the youngster may have committed
- and vii) will benefit from and contribute to the 2008 "Journey of a Lifetime".

PTO

The Trustees are particularly interested in taking youngsters who are:

- ◆ deaf or have hearing difficulties or
- ◆ blind or visually impaired or
- ◆ medically disadvantaged or have reduced life expectancies or
- ◆ have physical disabilities (need to be reasonably mobile) or
- ◆ use wheelchairs (need to be reasonably mobile) or
- ◆ have not known normal family life or
- ◆ have struggled to overcome problems or
- ◆ have experienced neglect and abuse.

Trustees welcome nominations of young people of every religion (or none) and of every race.

The Cost

Each person is given the challenge of raising £600 by their own efforts towards the cost of his/her journey. The remaining cost (approximately £4500 per youngster) is paid for by the JoLt Trust. Major Sponsors have included: The Clover Trust, The Hedley Foundation and Hills Electrical and Mechanical PLC

How to Nominate Youngsters

Write as soon as possible and **no later than 6th November 2007** to

Mrs Dorothy Dalton (Tel.: 020 8426 6686 dorothy_dalton@jolttrust.org.uk)
Senior Expedition Leader & Chair of Trustees
The JoLt Trust
34 Whitehall Road
Harrow on the Hill
Middlesex HA1 3AJ

- Please send** i) completed nomination form (please photocopy the nomination form as many times as you wish if you want to make more than one nomination).
- and** ii) letters giving reasons for nomination from each of the two responsible adults supporting this nomination
- and** iii) a letter from the young person explaining why she/he wishes to go on the journey
- and** iv) a stamped C4 envelope (takes A4 page unfolded) with postage of 44p addressed to the youngster c/o the first adult making the nomination.
- OPTIONAL** If you require **acknowledgement of the nomination** please also enclose another stamped envelope (2nd class post) addressed to the youngster c/o the first adult making the nomination.

PLEASE NOTE: Incomplete documentation may affect the chances of a young person being selected

Key Dates

Closing date for nominations: 6th November 2007
Interviews: Saturday 16th February 2008
Preparatory Weekend: 3rd & 4th May 2008
Departure: 12th July 2008
Return: One month later



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JoLt 2008

Nomination Form

Please complete the nomination form using **CAPITAL LETTERS**

Details of Young Person

Surname: First name:

Address:

..... Post Code:.....

Telephone:

E-mail address.....

Date of Birth: Age on 7th July 2008.....years

Please tick all appropriate boxes

- | | | |
|--|------------------------|--------------------------|
| <input type="checkbox"/> Hearing impaired | Visually impaired | <input type="checkbox"/> |
| <input type="checkbox"/> Medical/Health problems | Socially disadvantaged | <input type="checkbox"/> |
| <input type="checkbox"/> Psychological/ Emotional problems | Abused/neglected | <input type="checkbox"/> |
| <input type="checkbox"/> Physical disability - give brief information about disability | | |

.....

Medical/Health (Note: this section must be completed)

Y N

Does the youngster have **medical problems** or a **physical disability**? **If yes**, please give:
 Name of **Doctor**: Tel:
 E-mail address.....

Has the youngster seen a **consultant** in the last two years? **If yes**, please give:
 Name of **Consultant**: Tel:
 E-mail address.....
 Reason for seeing consultant:

Has the youngster seen a **Counsellor or Therapist** in the last two years? **If yes**, please give:
 Name of **Counsellor or Therapist**: Tel:
 E-mail address.....
 Reason for seeing **Counsellor or Therapist**:

Travel

If the young person has a passport give passport number:

Countries previously visited with reason for travel:

.....
.....

Has the young person expressed an interest in travelling: YES/NO

Dream Destination:

Details of person making the nomination

Name: Tel:

Address:

..... Post Code:

E-mail address.....

I consent to the JoLt Trust processing both personal data and sensitive personal data included with this nomination or provided later. [See JoLt's Data Protection document enclosed with this leaflet]

Signature.....

Capacity in which you know the young person

.....

Details of second responsible adult prepared to support this nomination

Name: Tel:

Address:

..... Post Code:

E-mail address.....

Signature.....

Capacity in which he/she knows the young person

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Note: Information provided to the trustees of JoLt may be used by JoLt in connection with the selection process and in organising the expedition and may therefore be disclosed to interviewers, doctors, insurers, contractors and others solely on a need to know basis.



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Data Protection

Because the JoLt Trust has to handle and process both personal data and sensitive personal data, we are required by the Data Protection Act 1998 to bring the following to your attention. If you prefer that we do not process your and your nominee's personal data or sensitive personal data, please let the JoLt Trust know immediately and on receipt of your written request, we will cease to process the appropriate data. However this is likely to have an impact on our ability to fully consider the nomination.

The process we use is as follows:

- Each nomination is checked to see that it is complete and one request is sent out for the missing documentation.
- Information given on the nomination form is then recorded on a data spread sheet.
- All the nomination papers are copied and sent to four independent assessors.
- Where necessary further information might be required by the assessors and we will come back to you or to the people whose contact details are contained on the nomination papers for further information.
- If the young person has a health problem, the JoLt doctors are consulted. The JoLt doctors may come back for further information and may ask if they can contact the young person's GP or consultant.
- About six weeks after the closing date for nominations, the four independent assessors come together to select approximately 50 youngsters who will be invited for interview on th February in Harrow.
- At this stage we might come back to you or to the people whose contact details are contained on the nomination papers for further information.
- A copy of all the formation we have on each of those invited to interview is sent to the relevant interviewers and a very short paragraph on each candidate is given to the remaining interviewers.
- During the interview process we will ask for further information including the completion of a medical questionnaire.
- A written record is kept of additional information and some of this information may be recorded electronically.
- Copies of the interviewers' notes are kept.
- If your nominee is not selected to come on JoLt'08 and is not on the reserve list, and once processing is complete for administrative purposes, all papers on your nominee will be destroyed within 6 months of the end of the process unless we suggest that the nominee reapplies when he/she is older.
- If your nominee is selected to go on JoLt'08, your nominee and/or his/her parents or legal guardians will be informed of how the JoLt Trust continues to deal with personal data and sensitive personal data.

By signing the nomination form and returning it to the JoLt Trust you (the first adult nominating) give explicit consent to the JoLt Trust to process the personal and sensitive personal data you have disclosed or which we acquire from any individual or organisation to which we have applied for information relating to you, the nominee and any third party. You must therefore obtain the consent of any third party whose data or sensitive personal data is included in the nomination documentation.



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TO WHOM IT MAY CONCERN

I,, have been nominated to go on an expedition with a charity called the JoLt Trust (Journey of a Lifetime Trust). JoLt is a UK based charity which takes physically, medically, socially or emotionally disadvantaged youngsters on a challenging “Journey of a Lifetime”.

The JoLt Trust is run on a totally voluntary basis. For the past twenty-five years, this charity has been taking disabled or disadvantaged young people on month-long expeditions. The JoLt Trust has been organising expeditions every two years since 1984. Places JoLt has been to include: along the route of the Silk Road from Beijing to Islamabad; following the route of the Gold Rush from Los Angeles to Alaska; the Australian outback; through out South America, and more besides. If you would like to read more about JoLt you can look at the charity website www.jolttrust.org.uk

Each JoLt expedition has 8 leaders which usually includes two medics (either two doctors or a doctor and nurse). As the charity takes youngster with varying medical, physical and emotional problems it is sometimes necessary to enquire about these problems before making final decisions about which candidates to invite to interview or to offer the final places on the expedition. This may mean that the JoLt doctor or the senior expedition leader may contact you in order to gain more information about my medical, physical or emotional state.

The people likely to contact you are:

- Dorothy Dalton, Chair of the JoLt Trust and Senior Expedition Leader
- Dr Olivia Hussey, Senior Expedition Doctor
- Dr Georgina Bird-Lieberman, Expedition Doctor

Signature Date.....

Parent/guardian’s signature if youngster under 18

Please forward a signed copy of this form to the youngster’s GP/consultant, counsellor/therapist and send a photocopy to the JoLt Trust with the nomination papers