

## **Alan B.**

Alan was originally recruited whilst teaching Maths at Harrow School. That was eighteen years ago and Alan has been a leader on each of the nine JoLt journeys since then.

His work has always been with people and mostly in sport, having coached and played rugby professionally for several years as well as working occasionally as a management consultant and sport psychologist. He has also spent time as a project manager in Chile with Raleigh International, another youth development charity.

Alan has travelled in over 70 countries in a variety of capacities; backpacker, rugby tour manager, English teacher and of course JoLt leader, however his 2001 fund raising trip for JoLt proved the most demanding way to travel...

The challenge was to start with nothing [naked apart from a bin bag] and go for 100 days without using money whilst travelling to the four cardinal points of Britain and Ireland. Along the way he was allowed to earn and acquire up to 7 possessions and obviously to collect as much money as possible for JoLt.

The challenge was met and Alan's claim to being 'the luckiest man in the world' was born out by the fact that the 100 days included an impromptu trip to Australia to collect from the British Lions fans at the third test match in Sydney. He still maintains that it wasn't as challenging as a JoLt journey.

Alan is currently Director of Rugby at Loughborough University and is married to Hope.

