

Alan

Alan is a 27-year-old PE teacher who lives in Paphos, Cyprus. This will be his second JoLt expedition and he is really looking forward to meeting the new Jolters, and all the challenges ahead. Just before moving to Cyprus to take up his current post in a small private school in Paphos, Alan travelled around Thailand, Cambodia and Malaysia and is excited to be exploring this part of the world further.

He is Duke of Edinburgh Award co-ordinator for the school which gives him the opportunity to see his students working in the community and achieving personal development through challenging themselves.

The summer before Alan started sixth form he volunteered at a respite centre during the holidays. The positive experiences he took from this encouraged him to continue volunteering through his school life and on throughout university. Whenever he is back in the UK he visits and helps out at the centre as often as possible. In his spare time, in addition to enjoying the Cyprus sunshine, Alan enjoys cooking, swimming and all forms of sport, especially cricket where he plays in Cyprus League Division One (although there is only one division!!)

