



WANTED
One Male Leader and One Female Leader
for the
2012 Journey of a Lifetime
across Latin America
through Peru, Bolivia, Paraguay and Brazil

Departing 14th July – Returning 10th August 2012

Needed

- ◆ One male leader with professional experience of young people (for example as teacher or youth worker).
- ◆ One female leader with professional experience of young people (for example as teacher or youth worker).
- ◆ NB One of these posts needs to be filled by a qualified BSL interpreter (British Sign Language) Level 3 or higher

This is a volunteer post.

Leaders need:

- ◆ to be good with youngsters;
- ◆ to be team players;
- ◆ to have a sense of adventure;
- ◆ to be prepared for the hardships associated with travel in remote areas;
- ◆ to have stamina and good level of fitness; and
- ◆ to have a sense of humour.

Ideally (although not essential) we are looking for:

- ◆ leaders who have experience of taking groups of youngsters on outings especially abroad or with activities such as the Duke of Edinburgh Awards;
- ◆ leaders who have qualifications in outdoor education.

Experience of youngsters with disabilities is not specifically sought. Seven leaders including two doctors accompany each expedition. Five of the leaders have led one or more JoLt expeditions already.

All leaders are expected to help with the selection of youngsters for JoLt'12; to attend the Preparatory Weekend (May 2012); to participate in leader training days (June 2012) and to attend the expedition reunion (February 2013).

Expeditions are exhausting but enormously fulfilling and in many ways life-changing. Expeditions are organised every two years by the Journey of a Lifetime Trust. (Charity no:1088591, www.jolttrust.org.uk)

Previous expeditions:

2010	24 youngsters through Borneo and Brunei
2008	24 youngsters through Namibia, Lesotho and South Africa
2006	24 youngsters through India and Bhutan – mainly in the Himalayas
2004	24 youngsters travelling the length of New Zealand
2002	21 youngsters through Thailand, Cambodia and Vietnam to Laos
2000	18 youngsters travelling the length of Chile
1998	14 British and 10 Jordanian youngsters through Lebanon, Syria, Jordan and Israel to Egypt
1996	23 youngsters from Texas through Central America to Venezuela
1994	24 youngsters along the route of the Gold Rush from Los Angeles to Alaska
1992	24 youngsters along the Silk Road from Beijing to Islamabad
1990	18 youngsters across Canada from Halifax to Vancouver
	12 British and 6 Zimbabwean youngsters through Zimbabwe and Botswana
1988	18 youngsters through Colombia, Ecuador, Peru, Bolivia and Paraguay to Brazil.
1986	18 youngsters across the Australian Outback from Adelaide to Darwin
1984	15 youngsters through Siberia, Mongolia and China to Hong Kong

The expedition costs of leaders and youngsters are paid by the trust. The cost to JoLt for each individual to participate in the expedition is approximately £5,000. Leaders are encouraged to do some fundraising. The youngsters are given the challenge of raising at least £600.

If you are interested in applying to become a JoLt leader please send your CV with full contact details of two referees and a covering letter to reach Simon Gruselle, Chair of Trustees, on simon_gruselle@jolttrust.org.uk by 10am on Monday 14th November.

Interviews will be held in Harrow, Middlesex on the 10th-11th December 2011.

Written and verbal references will only be taken up for candidates short-listed for interview. The trustees also carry out enhanced CRB checks on all leaders

Copies of key policies including child protection/safeguarding policy and anti-bullying policy can be found on www.jolttrust.org.uk

Job Description for JoLt Expedition Leaders

- **The leaders work as a team and are responsible for the welfare, safety and care of up to 20 disabled and disadvantaged teenagers for the duration of the month long expedition.**
- **All leaders are on duty all the time. If necessary 24 hours per day**
- **Leaders meet at least every other night to de-brief, discuss special problems etc**

Responsibilities of leaders for the group

- ◆ Leaders provide leadership to the group and lead by example.
- ◆ Leaders treat all youngsters as if they were their own children. This is a parent/child relationship not a teacher/pupil relationship
- ◆ Leaders have to be constantly aware of risk and should advise the senior leader immediately of any concerns.
- ◆ Leaders are responsible for the safety of the group and ensuring that no one is left behind or heads off in the wrong direction.
- ◆ Leaders have to ensure that all youngsters who need help receive the required assistance from another youngster or one of the leaders.
- ◆ Leaders are expected to spend time talking to the youngsters, ensuring that no one is being left out or ignored.
- ◆ Leaders ensure that “cliques” do not form and that youngsters mix well with the whole group.
- ◆ Leaders are expected to look for and take special care of youngsters who are feeling depressed, unwell, homesick etc.
- ◆ Leaders deal with all disciplinary matters as and when they arise, asking for advice, assistance and support as and when required.
- ◆ Where appropriate leaders supervise games and other activities. Where specialists are on hand to run activities (for example canoeing, white water rafting, abseiling), leaders assist the specialists and follow their instructions.
- ◆ Leaders are expected to deal with damaged wheelchairs and equipment, repairing punctures etc as and when necessary.
- ◆ Leaders are responsible for all the expedition equipment and group luggage.
- ◆ Leaders are responsible for passports, visas, all JoLt official documentation and emergency funds.
- ◆ Leaders are required from time to time to supervise the youngsters putting up tents, preparing meals, washing up etc.
- ◆ Any other duties reasonably required by the Senior Leader or Deputy Senior Leader.

Responsibilities of leaders for individuals

- ◆ Leaders take turns in waking the youngsters up.
- ◆ Leaders help disabled youngsters to wash, toilet and dress in the mornings ensuring that they arrive for meals etc. in time.
- ◆ Every night, leaders assist with the toileting, bathing/ showering and undressing of youngsters who need assistance. Leaders should encourage youngsters to act as independently as possible and to undertake as much of their own personal care as possible.
- ◆ Leaders assist with putting youngsters who need assistance to bed.
- ◆ Under the supervision of the JoLt doctors, leaders supervise youngsters who have to take medication, inject insulin etc.
- ◆ With training from the JoLt doctor and under the doctor's supervision, leaders may be required to help to clean small pressure sores or wounds, change catheters etc..
- ◆ Leaders ensure that youngsters who need help with washing clothes, packing bags etc receive the help they need.
- ◆ Leaders help with cutting up food and feeding youngsters who need this help and encouraging other youngsters to help.
- ◆ Leaders help youngsters who have difficulty in reading and/or writing to write postcards, send e-mails etc.
- ◆ Leaders provide emotional support to youngsters who want to talk on a confidential basis about their problems or experiences. It is not uncommon for youngsters to want to talk (sometimes for the first time ever outside the family) about incidents of abuse etc that they have experienced. The leader to whom any such disclosure is made in the first place provides the initial counselling and support. Leaders are required to report all such conversations to the senior leader. In order to ensure that the youngster concerned continues to receive appropriate support, that the leader concerned also receives emotional support and that the remaining leaders deal with the youngster concerned appropriately, the youngster's disclosures will be discussed (within the rules of strict confidentiality) at the earliest leaders meeting.

JoLt

A Code of Practice for Expedition Leaders

You Must

- treat everyone with respect;
- set an example;
- remember you are in “loco parentis” and treat every youngster as a responsible parent would;
- plan activities which involve more than one person being present, or at least which are within sight or hearing of others;
- respect a young person’s right to personal privacy;
- have separate sleeping accommodation for leaders and young people. If in remote areas or because of special circumstances (e.g. group sleeping on floor of school), more than one leader must share accommodation in the same room with the youngsters;
- provide access for young people to talk to others about any concerns they may have;
- encourage youngsters and adults to feel comfortable and caring enough to point out attitudes or behaviour they do not like;
- avoid physical horseplay such as wrestling or tickling;
- remember that someone else might misinterpret your actions no matter how well intentioned;
- recognise that special caution is required even in sensitive moments of counselling, such as when dealing with bullying, disclosures of abuse at home;
- try to allocate your time as evenly as possible between all the youngsters;
- leave the door open if you have to go into a youngsters’ bedroom in which there is only one youngster unless you are there to assist the youngster with his/her personal/toiletry/medical needs. If this is the case, deal with your duties professionally and leave as soon as possible;
- if you go into a bedroom to check something, pass on a message etc and there is only one youngster present who wants to talk confidentially or wants you to write postcards etc either move to an area where you are within sight of others or arrange to meet elsewhere or at another time;
- if a youngster is alone in a bedroom and in a very distressed state (e.g. suicidal) and the above actions would not be appropriate, deal with the matter in the bedroom and immediately report the incident to the senior leader.

continued

You must not

- permit abusive youth peer activities (e.g. initiation ceremonies, ridiculing, bullying);
- play physical contact games with young people;
- have any inappropriate physical or verbal contact with others;
- jump to conclusions about others without checking facts;
- allow yourself to be drawn into inappropriate attention seeking behaviour such as crushes and tantrums;
- trivialise or exaggerate child abuse issues;
- show favouritism to any individual;
- concentrate your caring duties on any individual young person;
- show dislike of any individual and treat them unfairly;
- make suggestive remarks or gestures;
- rely on your good name to protect you; and
- believe “it could never happen to me”.

What happens

If you suspect a youngster is being abused emotionally, verbally, physically or sexually

1. Tell the senior leader immediately
2. Record any facts which support your suspicion
3. Agree with the senior leader what action to be taken.

If a youngster discloses to you abuse that has occurred on the expedition

1. Allow the youngster to speak without interruption, accepting what is said.
2. Do not investigate but try to get as many facts as possible.
3. Alleviate feelings of guilt and isolation, while passing no judgement
4. Advise that you will try to offer support but that you must pass the information on
5. At the earliest opportunity record in writing what you have been told
6. Tell the senior leader immediately

If a youngster discloses to you abuse that occurred prior to the expedition

1. Allow the youngster to speak without interruption, accepting what is said
2. Alleviate feelings of guilt and isolation
3. Advise that you must pass the information on to the leader in overall responsibility
4. At the earliest opportunity record in writing what you have been told
5. Tell the senior leader immediately

If you receive an allegation about any adult or about yourself

1. Record the facts as you know them
2. Immediately tell the senior leader
3. Try to ensure that no-one is placed in a position which could cause further compromise.

You must refer; you must not investigate