



**WANTED**  
**Qualified Doctor to join**  
**leadership team**  
**on the**  
**2014 Journey of a Lifetime Expedition**  
**taking 24 disabled and**  
**disadvantaged youngsters**  
**across Southern Africa**

**Travelling through Zambia, Botswana, South Africa,  
Swaziland and Mozambique**

**Departing 19th July – returning 14th August 2014 (final dates TBC)**

**Essential**

- MBChB/MBBS (or equivalent)
- Full UK GMC registration with no restrictions on their practice or equivalent registration in an EU country. (For UK trained, GMC registered doctors, this requires satisfactory completion of F1 and F2 years prior to the expedition departure date.)

**Desirable (but not essential)**

- Advanced Trauma Life Support qualification (or equivalent such as PHTLS, PHECC, DipIMC, FIMC)
- Expedition experience or extensive personal travel in remote areas/developing world locations is an advantage
- An enthusiasm for expeditioning and the ability to convey this to young people
- Experience of taking groups of youngsters on outings especially abroad or with activities such as the Duke of Edinburgh Awards
- Qualifications in outdoor education.

**Leaders need:**

- to be good with youngsters
- to be team players
- to have a sense of adventure
- to be prepared for the hardships associated with travel in remote areas
- to have stamina and good level of fitness
- to have a sense of humour

Experience of youngsters with disabilities is not specifically sought. Eight leaders including two doctors accompany each expedition. Five of the leaders have led one or more JoLt expeditions already. All leaders are expected to help with the selection of youngsters for JoLt'14 (February 2014); to attend the Preparatory Weekend (May 2014); to participate in leader training days (June 2014) and to attend the expedition reunion (February 2015).

This is a volunteer post.

The expedition costs of leaders and youngsters are paid by the trust. The cost to JoLt for each individual to participate in the expedition is approximately £5,000. Leaders are encouraged to do some fundraising. The youngsters are given the challenge of raising at least £650.

### **About the Journey of a Lifetime Trust**

JoLt is a small charity run on a totally voluntary basis by a group of ordinary people with families and careers. It was set up in 1983 to make a positive lasting difference to the lives of disabled, ill, neglected and abused young people.

Every two years, we organise expeditions all over the world for groups of young people (from fourteen to twenty one years) with significant disadvantages. All long to travel to far-away places. JoLt makes their dreams come true.

These are not gentle comfortable trips, but tiring, taxing journeys in harsh environments that demand a great deal from the young people and those who accompany them. But they are also hugely rewarding, leaving participants with lasting memories of amazing places and a real sense of achievement.

For many the journey is a life-transforming event, "jolting" them out of their old lives, helping them to grow in confidence and self-esteem and giving them the ability to take control of their future.

**If you are interested in applying to become a JoLt leader please send your CV with full contact details of two referees and a covering letter to reach Simon Gruselle, Chair of Trustees, on [simon\\_gruselle@jolttrust.org.uk](mailto:simon_gruselle@jolttrust.org.uk) by 10am on Monday 2nd September. Interviews will be held in Harrow, Middlesex on the 14th-15th September 2013.**

**If you would like to find out more, then please visit our website, or you could phone our senior doctor Livvy Hussey on 07799 691727.**

Written and verbal references will only be taken up for candidates short-listed for interview. The trustees also carry out enhanced CRB checks on all leaders. Copies of key policies including child protection/safeguarding policy and anti-bullying policy can be found on [www.jolttrust.org.uk](http://www.jolttrust.org.uk)