



JOURNEY OF A LIFETIME

**EXPANDING HORIZONS,
ENRICHING YOUNG LIVES**

CHARITY NO:1088591 COMPANY NUMBER:4236414
Website: www.joltturst.org.uk

PRESIDENT:

Her Majesty Queen Noor of Jordan

PATRON:

Sir Ranulph Fiennes

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Lord Bhatia, David Hill, Barnaby Mauleverer

Request for Nominations for the 2016 Journey of a Lifetime

The Trustees of Journey of a Lifetime (JoLt) are looking for disabled and disadvantaged youngsters who could benefit from participating in a month-long, challenging "Journey of a Lifetime". We have already run successful journeys for more than 25 years to many different locations:

- July/August 1984 - Across Siberia, Mongolia and China to Hong Kong.
- July/August 1986 - Across the Australian Outback from Adelaide to Darwin.
- July/August 1988 - From Colombia through Ecuador, Peru, Bolivia and Paraguay to Brazil.
- July/August 1990 - Two groups (i) Across Canada ii) Zimbabwe and Botswana.
- July/August 1992 - Along the Silk Road from Beijing in China to Islamabad in Pakistan.
- July/August 1994 - Route of the Gold Rush from Los Angeles to Alaska.
- July/August 1996 - Central and South America.
- July/August 1998 - Lebanon, Syria, Jordan, Israel and Egypt.
- July/August 2000 - The length of Chile.
- July/August 2002 - Vietnam, Cambodia, Laos and Thailand.
- July/August 2004 - The length of New Zealand.
- July/August 2006 - A Himalayan Adventure – North India, Nepal, Tibet and Bhutan.
- July/August 2008 - Through Southern Africa – Namibia, Lesotho and South Africa.
- July/August 2010 - Tip to Tip to Top of Borneo and Brunei
- July/August 2012 - From the Atlantic to the Pacific through Peru, Bolivia, Paraguay and Brazil
- July/August 2014 - Across Africa from Zambia, through Botswana, South Africa to Mozambique

The 2016 "Journey of a Lifetime" is planned to travel through Indonesia and Northern Australia

The group will consist of

- i) Up to 18 physically, medically, emotionally or socially disadvantaged youngsters from the UK.
- (ii) Six experienced leaders, including two doctors.

Conditions for Qualification

The youngsters who go on JoLt 2016 must be:

1. Aged 14-21 years.
2. Physically, medically, emotionally or socially disadvantaged.
3. Excited at the prospect of travelling to distant lands.
4. Unlikely to have the opportunity to travel extensively without JoLt.
5. Free from involvement with the law or police prior to the journey for any offence that they have committed.
6. Not involved with drink, drug or solvent abuse.
7. Willing to actively contribute to make the journey a success, and likely to significantly benefit from the 2016 "Journey of a Lifetime".

The Trustees are particularly interested in taking youngsters who have one or more of the following disadvantages:

- .. deafness or hearing difficulties
- .. blindness or visual impairment
- .. a chronic medical condition or reduced life expectancies
- .. physical disabilities which may or may not require a manual wheelchair (need to be reasonably mobile, **unfortunately powered wheelchairs are not suitable for a journey of this type**)
- .. not known normal family life
- .. struggled to overcome problems
- .. experienced neglect and abuse
- .. are young carers

Trustees welcome nominations of young people of every religion (or none) and of every race.

The Cost

Each person is given the challenge of raising £650 by their own efforts towards the cost of his/her journey. The remaining cost (approximately £5,000 per youngster) is paid for by JoLt. Major sponsors have included: The Clover Trust, The Hedley Foundation and Nexen Inc.

How to Nominate Youngsters

Write as soon as possible and **no later than 16th November 2015 to:**

Mr Simon Gruselle
Chair of Trustees
The Journey of a Lifetime Trust
The Old Forge, The Street
Chipperfield
Herts WD4 9BH

simon_gruselle@jolttrust.org.uk

Please send TWO COPIES of the following:

- i) completed nomination form (the original copy and a photocopy)
- and** ii) letters giving reasons for nomination from each of the two responsible adults supporting this nomination (again the original copy and a photocopy)
- and** iii) a letter from the young person explaining why she/he wishes to go on the journey (the original copy and a photocopy)

Please note: Incomplete documentation may affect chances of a young person being selected.

Key Dates

Closing date for nominations:	16 th November 2015
Interviews:	13 th February 2016
Preparatory Weekend:	7 th - 8 th May 2016
Departure:	16 th July 2016 (provisional)
Return:	13 th August 2016 (provisional)



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JoLt 2016 Nomination Form

Please complete the nomination form using **CAPITAL LETTERS**

Details of Young Person

First Name:Surname:

Address:
.....

Post Code: Telephone.....

Date of Birth (dd/mm/yy):Age on 16th July 2016.....years

Height (cm).....Weight (kg).....

Medical/Health (Note: this section must be completed)

Y / N Does the youngster have **medical problems** or a **physical disability**?

If yes, please give details:.....
.....

Does youngster use a wheelchair? **Y / N**. If so, can they self-propel? **Y / N**

Name of **Doctor**:

E-mail address.....Tel:.....

Y / N Has the youngster seen a **consultant** in the last two years? **If yes**, please give:

Name of **Consultant**:

E-mail address.....Tel:.....

Reason for seeing consultant:.....
.....

Y / N Has the youngster seen a **Counsellor or Therapist** in last 2 years? **If yes**, give:

Name of **Counsellor or Therapist**:

E-mail address.....Tel.....

Reason for seeing **Counsellor or Therapist**.....
.....

Travel

Does young person have a passport? YES / NO If so, please state country of issue.....

Countries previously visited, with reason for travel:

Has the young person expressed an interest in travelling: YES/NO

Dream Destination:

Details of person making the nomination

Name: Tel:

Address:

..... Post Code:

E-mail address:.....

I consent to the Journey of a Lifetime Trust (JoLt) processing both personal data and sensitive personal data included with this nomination or provided later. [See JoLt's Data Protection document enclosed with this leaflet]

Signature:.....

Capacity in which you know the young person:

Details of second responsible adult prepared to support this nomination

Name: Tel:.....

Address:

..... Post Code:

E-mail address:..... Signature:.....

Capacity in which he/she knows the young person:.....

Note: Information provided to the trustees of JoLt may be used by JoLt in connection with the selection process and in organising the expedition. It may therefore be disclosed to interviewers, doctors, insurers, contractors and others solely on a need to know basis.

I enclose the following documents (the original plus a photocopy)

Completed nomination form (2 copies) Letter from youngster (2 copies)

2 Letters from nominating adults (2 copies) Data Protection Form (2 copies)